

Scaling and Root Planing (Gum Infection Therapy) – Post Operative Instructions

- After the procedure, it is a good idea to take an over-the-counter medication as needed. Tylenol or Advil would be fine.
- The goal of the treatment you have received is to decrease the amount of inflamed tissue supporting the teeth. Healthy tissue is light pink in color and has little if any bleeding. Because of the inflammation, gum tissues may shrink a bit until it is tight, pink and healthy. Some sensitivity is normal.
- Please return at your follow up visits as instructed by your dental professional to follow up on any additional treatment that may be needed. Our goal is to improve your oral health and at a minimum, keep it from getting worse.
- If any problems occur, please call our office.